

Official BDFPA Score Sheet (V13.1)

Date of Comp - 28th August 2016 Organiser - Wullie Brown

Competition - Scottish Nationals											Calibrated Scales and Weights Used YES																			
Divisional Record				European Record				World Record				MPF World Record				Divisional Record				Drug Testing				Calibrated Scales and Weights Used YES						
FLT	Age Cat	Wt Class	Age	Body Weight	UN/ EQ	F/M	DIV	Name	SQUAT				BENCH				DEADLIFT				Total	QUALITY REG	Co eff.	Points	MAM	Masters PN	Place Class	Place Cat	Best Lifter	
									1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift										
1	M1	55.50	40	55.4	UN	F	SCO	Brooke Magnanti	75.0 kg	80.0 kg	80.0 kg		45.0 kg	47.5 kg				110.0 kg	115.0 kg	120.0 kg		235.0 kg	200	0.91940	216.0590	1.000	216.0590	1	1	
1	Open	63.00	26	60.7	UN	F	SCO	Cheryl Mitchell	100.0 kg	107.5 kg	110.0 kg		42.5 kg	50.0 kg	52.5 kg			127.5 kg	135.0 kg	140.0 kg		300.0 kg	235	0.85200	255.6000	1.000	255.6000	1	1	
1	Open	63.00	34	62.8	UN	F	SCO	Laura Tadrowski	90.0 kg	95.0 kg	100.0 kg		57.5 kg	60.0 kg	60.0 kg			115.0 kg	125.0 kg	127.5 kg		267.5 kg	235	0.82800	221.4900	1.000	221.4900	2	2	
1	Open	63.00	25	62.2	UN	F	SCO	Siobhan Marmion	65.0 kg	72.5 kg	77.5 kg		55.0 kg	57.5 kg	57.5 kg			95.0 kg	110.0 kg	115.0 kg		242.5 kg	235	0.83470	202.4148	1.000	202.4148	3	3	
1	M1	70.00	42	69.6	UN	F	SCO	Ruth Allen	110.0 kg	120.0 kg	130.0 kg	135.0 kg	80.0 kg	80.0 kg	85.0 kg			160.0 kg	165.0 kg	170.0 kg		380.0 kg	245	0.76110	289.2180	1.014	293.2671	1	1	Best Unequipped Female Powerlifter Best Unequipped Female Powerlifter (Masters)
1	M3	70.00	50	65.4	UN	F	SCO	Gaby Coia	95.0 kg	95.0 kg	102.5 kg		60.0 kg	62.5 kg	62.5 kg			115.0 kg	122.5 kg	125.0 kg		285.0 kg	220	0.80000	228.0000	1.150	262.2000	2	1	
1	M5	70.00	63	68.0	UN	F	SCO	Cathy MacAslan	55.0 kg	55.0 kg	55.0 kg	57.5 kg	32.5 kg	35.0 kg	37.5 kg			87.5 kg	95.0 kg	100.0 kg		190.0 kg	200	0.77370	147.0030	1.470	216.0944	3	1	
1	Open	90.00	30	87.8	UN	F	SCO	Sarah Allison	115.0 kg	115.0 kg	120.0 kg		67.5 kg	72.5 kg	77.5 kg			120.0 kg	125.0 kg	125.0 kg		307.5 kg	305	0.64260	197.5995	1.000	197.5995	1	1	
1	Open	90+	39	102.4	UN	F	SCO	Leigh Samson	130.0 kg	135.0 kg	135.0 kg		77.5 kg	80.0 kg	82.5 kg			150.0 kg	157.5 kg	162.5 kg		380.0 kg	327.5	0.59140	224.7320	1.000	224.7320	1	1	
2	Open	60.00	26	58.2	UN	M	SCO	Dave Yee	110.0 kg	120.0 kg	130.0 kg		65.0 kg	60.0 kg	62.5 kg			130.0 kg	140.0 kg	145.0 kg		327.5 kg	372.5	0.83910	274.8053	1.000	274.8053	1	1	
2	M2	75.00	45	72.4	UN	M	SCO	Wayne Reid	160.0 kg	167.5 kg	172.5 kg		102.5 kg	107.5 kg	110.0 kg	112.5 kg		200.0 kg	215.0 kg	217.5 kg		497.5 kg	412.5	0.68350	340.0413	1.060	360.4437	1	1	
2	M2	75.00	45	73.6	UN	M	SCO	Michael McConway SNR	150.0 kg	157.5 kg	160.0 kg	165.0 kg	90.0 kg	95.0 kg	100.0 kg			190.0 kg	200.0 kg	205.0 kg	212.5 kg	465.0 kg	412.5	0.67450	313.6425	1.060	332.4611	2	2	
2	Jnr	75.00	23	72.4	UN	M	SCO	Michael McConway JNR	115.0 kg	122.5 kg	127.5 kg		85.0 kg	85.0 kg	90.0 kg			150.0 kg	157.5 kg	167.5 kg		370.0 kg	412.5	0.68350	252.8950	1.000	252.8950	3	1	
2	Open	75.00	24	72.8	UN	M	SCO	Matt Fletcher	92.5 kg	97.5 kg	107.5 kg		65.0 kg	72.5 kg	82.5 kg			105.0 kg	117.5 kg	127.5 kg		317.5 kg	457.5	0.68050	216.0588	1.000	216.0588	4	4	
2	Open	82.50	29	82.2	UN	M	SCO	Ross Jackson	160.0 kg	172.5 kg	177.5 kg		100.0 kg	110.0 kg	115.0 kg			210.0 kg	230.0 kg	237.5 kg		530.0 kg	490	0.62090	329.0770	1.000	329.0770	1	1	
2	Open	82.50	35	81.4	UN	M	SCO	Mark Fulton	160.0 kg	170.0 kg	170.0 kg		112.5 kg	117.5 kg	122.5 kg			215.0 kg	225.0 kg	235.0 kg		527.5 kg	490	0.62510	329.7403	1.000	329.7403	2	2	
2	Open	90.00	25	89.8	UN	M	SCO	Rauraidh Purnell	155.0 kg	165.0 kg	170.0 kg		120.0 kg	130.0 kg	130.0 kg			210.0 kg	217.5 kg	222.5 kg		517.5 kg	520	0.58610	303.3068	1.000	303.3068	1	1	
2	Open	90.00	25	85.0	UN	M	SCO	Martin Higgins	150.0 kg	157.7 kg	160.0 kg		100.0 kg	100.0 kg	107.5 kg			180.0 kg	190.0 kg	200.0 kg		467.5 kg	520	0.60690	283.7258	1.000	283.7258	2	2	
2	Open	90.00	24	83.4	UN	M	SCO	Allan Hughes	145.0 kg	155.0 kg	165.0 kg		100.0 kg	110.0 kg	115.0 kg			160.0 kg	180.0 kg	195.0 kg		445.0 kg	520	0.61470	273.5415	1.000	273.5415	3	3	
3	Open	100.00	29	99.2	UN	M	SCO	Liam Curran	215.0 kg	225.0 kg	232.5 kg		165.0 kg	172.5 kg	172.5 kg			265.0 kg	280.0 kg			670.0 kg	552.5	0.55600	372.5200	1.000	372.5200	1	1	Best Unequipped Male Powerlifter
3	Open	100.00	27	99.8	UN	M	SCO	Phillip Salter	200.0 kg	200.0 kg	215.0 kg		140.0 kg	145.0 kg	150.0 kg			240.0 kg	257.5 kg	267.5 kg		607.5 kg	552.5	0.55450	336.8588	1.000	336.8588	2	2	
3	Open	100.00	28	96.6	UN	M	SCO	Robert Kirkpatrick	200.0 kg	212.5 kg	220.0 kg		120.0 kg	125.0 kg	130.0 kg			230.0 kg	240.0 kg	250.0 kg		587.5 kg	552.5	0.56300	330.7625	1.000	330.7625	3	3	
3	Open	100.00	32	94.2	UN	M	SCO	Aidan Donnelly	210.0 kg	210.0 kg	222.5 kg		130.0 kg	135.0 kg	135.0 kg			210.0 kg	220.0 kg	227.5 kg		580.0 kg	552.5	0.57040	330.8320	1.000	330.8320	4	4	
3	Jnr	100.00	20	93.0	UN	M	SCO	Ryan Stewart	172.5 kg	182.5 kg	192.5 kg		130.0 kg	137.5 kg	142.5 kg			210.0 kg	220.0 kg	230.0 kg		565.0 kg	497.5	0.57440	324.5360	1.000	324.5360	5	1	
3	Open	100.00	26	97.6	UN	M	SCO	William Wright	160.0 kg	170.0 kg	185.0 kg		135.0 kg	140.0 kg	140.0 kg			200.0 kg	222.5 kg	230.0 kg		532.5 kg	552.5	0.56020	298.3065	1.000	298.3065	6	6	
3	Jnr	110.00	20	102.4	UN	M	SCO	Chris Charnley	182.5 kg	192.5 kg	197.5 kg		120.0 kg	130.0 kg	142.5 kg			175.0 kg	187.5 kg	200.0 kg		527.5 kg	512.5	0.54870	289.4393	1.000	289.4393	1	1	
3	T2	110.00	17	107.4	UN	M	SCO	Zac Murray	150.0 kg	160.0 kg	165.0 kg	172.50	70.0 kg	80.0 kg	82.5 kg			150.0 kg	185.0 kg	185.0 kg		395.0 kg	417.5	0.53990	213.2605	1.000	213.2605	2	1	
2	T2	145+	16	165.0	UN	M	SCO	Charlie McGonigle	130.0 kg	150.0 kg	170.0 kg	180.0 kg	85.0 kg	90.0 kg	100.0 kg	105.0 kg		180.0 kg	200.0 kg	217.5 kg	227.5 kg	487.5 kg	462.5	0.47890	233.4638	1.000	233.4638	1	1	
3	T3	75.00	18	74.2	EQ	M	SCO	Ryan Rutherford	200.0 kg	210.0 kg	215.0 kg		110.0 kg	120.0 kg	130.0 kg			195.0 kg	210.0 kg	210.0 kg		515.0 kg	407.5	0.67010	345.1015	1.000	345.1015	1	1	Best Equipped Male Powerlifter
3	Open	75.00	30	74.2	EQ	M	SCO	Chris Empson	200.0 kg	210.0 kg	215.0 kg		150.0 kg	160.0 kg	160.0 kg			215.0 kg	235.0 kg	235.0 kg		0.0 kg	502.5	0.67010	0.0000	1.000	0.0000	0	0	
3	M3	110.00	54	107.4	EQ	M	SCO	Pete Gaskin	160.0 kg	170.0 kg	180.0 kg		135.0 kg	140.0 kg	145.0 kg	150.0 kg		222.5 kg	232.5 kg	242.5 kg	250.0 kg	557.5 kg	537.5	0.53990	300.9943	1.228	369.6209	1	1	Best Equipped Male Powerlifter (Masters)
3	M3	125.00	53	120.4	EQ	M	SCO	John Wright	200.0 kg	200.0 kg	200.0 kg											0.0 kg	552.5	0.52660	0.0000	1.207	0.0000	0	0	

Refs

Steve McQuade
Arthur Cowley
Bernie Cuninghame
Wullie Brown
Laura Moran
Karen Dalziel
Craig Cameron
Pete Gaskin

Scorekeepers

Pete Gaskin
Hayley Rutherford
Laura Moran
Karen Dalziel

Drug Testing

Gaby Coia