

WORLD DRUG FREE POWERLIFTING ASSOCIATION
SCO Powerlifting Championships 2011
Marinecraft Gym, Dumbarton - 24/07/2011

Day 1, Flight 1

DR = Divisional Record

ER=European Record

WR=World Record

NR=European Record

WGT CLASS	Competitor Name	NAT CLUB	DOB Age	Body Weight	Cat.	U/E	SQUAT				SUB TOT	BENCH				SUB TOT	DEADLIFT				TOTAL	POINTS	
							1	2	3	4		1	2	3	4		1	2	3	4			
W 47.5kg	Haley RUTHERFORD	SCO	05/12/95 15	47.3	T1	U	WR* 55	WR* 55	WR* 60		60	ER* 30	ER* 35	ER* 35		90	WR* 72.5	WR* 80	WR* 82.5		WR* 170	177.786	
W 58.5kg	Sue BETHELL	WAL	20/04/60 51	56.3	M3	U	WR* 70	WR* 70	WR* 80		70	NR* 42.5	WR* 47.5	WR* 50		117.5	WR* 105	WR* 115	WR* 120		WR* 237.5	215.46	
W 70kg	Louise MATHUR	SCO	12/12/83 27	69.3	Snr	U	85	95	105		105	50	55	60		165	135	150	160		325	248.1375	
W 70kg	Amy BROOMHEAD	ENG	31/03/97 14	64.3	T1	U	WR* 70	WR* 75	WR* 80		80	40	ER* 45	ER* 47.5		127.5	WR* 75	WR* 85	WR* 95		WR* 222.5	180.581	
56kg	Ryan RUTHERFORD	SCO	14/06/97 14	55.1	T1	U	ER* 65	ER* 70	ER* 75		70	32.5	37.5	40		107.5	ER* 80	ER* 90	ER* 100		ER* 187.5	166.9875	
67.5kg	Scott MAC ARTHUR	SCO	18/02/82 29	65.4	Snr	E	155	155	155		155	ER 107.5	115	122.5		270	200	215	215		470	351.137	
67.5kg	David AIKMAN	SCO	11/02/93 18	66.1	T3	U	130				130	95	100	105		235	160				395	292.221	
67.3Kg	Paul RUTHERFORD	SCO	14/02/70 41	67.3	M1	E	180	180	180		180	125	132.5	132.5		305	182.5	195	205		500	363.9	

Referees:
